

# Gluten Free

BELIEVE IN THE WONDER OF GIVING

We practice caution in preparing our gluten-free items and do our best to produce a gluten-free product. We are not a gluten-free environment and therefore there is a possibility for food to come in contact with wheat gluten. Consider this information for your individual requirements and needs.

## Starters

**Soup of the day**  
cup 4.50 bowl 5.50

**Garden Salad** LC V  
choice of gluten-free  
dressing 4.95

**Hummus Platter** LC V  
marinated Wisconsin  
Feta, fresh vegetables  
8.95

## Entrees

**Grilled Chicken**  
pommery sauce,  
fresh vegetables,  
side of brown rice 13.95

**Grilled Alaskan  
Salmon**  
fresh vegetables,  
whipped potatoes 18.95

**Sandwich**  
**Rotisserie Turkey  
Sandwich** LC  
provolone, lettuce,  
tomato, Dijon mustard  
on gluten-free  
whole grain bread  
choose side of:  
fruit, garden salad,  
or hummus & veggies 10.50

## Salads

**Mandarin  
Chicken Salad** LC  
mixed greens, grilled  
chicken breast, red  
peppers, green onions,  
almonds, water chestnuts,  
pea pods, Signature  
Toasted Sesame  
dressing 11.95

 **Apple Cider  
Roasted  
Acorn Squash  
& Wild Rice Salad** LC V  
mixed greens, smoked  
Gouda, dried cranberries,  
green onion, carrots,  
toasted pumpkin seeds,  
vinaigrette made with  
Stonewall Kitchen  
Apple Cider Jam 10.95  
add rotisserie chicken 12.95

**Grilled Flank  
Steak Salad**  
mixed greens, grilled-  
to-order steak, grape  
tomatoes, Wisconsin  
Gorgonzola, grilled red  
onion, shoestring pota-  
toes, choice of gluten-free  
dressing 13.95

**Gluten-Free Dressings:**  
Signature Toasted Sesame  
White balsamic vinaigrette  
Oil and vinegar

## Dessert

 **Caramel Macchiato Pot de Crème** LC  
Stonewall Kitchen Sea Salt Caramel Sauce,  
chocolate custard, white chocolate mousse 3.95

Ask your server about menu items that are cooked to order or served raw. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. Check out [www.macysrestaurants.com](http://www.macysrestaurants.com) to see exact calorie and nutritional information on our featured healthy dishes. Enjoy!

LC less than 650 calories V vegetarian