

Gluten Free

We practice caution in preparing our gluten-free items and do our best to produce a gluten-free product. We are not a gluten-free environment and therefore there is a possibility for food to come in contact with wheat gluten. Consider this information for your individual requirements and needs.

Starters

Soup of the day
cup 4.50 bowl 5.50

Garden Salad LC V
choice of gluten-free dressing 4.95

Hummus Platter LC V
marinated Wisconsin Feta, fresh vegetables 8.95

Entrees

Grilled Chicken
pommery sauce, fresh vegetables, side of brown rice 12.95

Grilled Alaskan Salmon
fresh vegetables, whipped potatoes 16.95

Sandwich

Rotisserie Turkey Sandwich LC
provolone, lettuce, tomato, Dijon mustard on gluten-free whole grain bread
choose side of:
fruit, garden salad, or hummus & veggies 10.50

Salads

Mandarin Chicken Salad LC
mixed greens, grilled chicken breast, red peppers, green onions, almonds, water chestnuts, pea pods, Signature Toasted Sesame dressing 11.95

 **Apple Cider Roasted Acorn Squash & Wild Rice Salad** LC V
mixed greens, smoked Gouda, dried cranberries, green onion, carrots, toasted pumpkin seeds, vinaigrette made with Stonewall Kitchen Apple Cider Jam 10.95
add rotisserie chicken 12.95

Grilled Flank Steak Salad
mixed greens, grilled-to-order steak, grape tomatoes, Wisconsin Gorgonzola, grilled red onion, shoestring potatoes, choice of gluten-free dressing 13.95

Gluten-Free Dressings:
Signature Toasted Sesame
White balsamic vinaigrette
Oil and vinegar

Dessert

 **Caramel Macchiato Pot de Crème** LC
Stonewall Kitchen Sea Salt Caramel Sauce, chocolate custard, white chocolate mousse 3.95

Ask your server about menu items that are cooked to order or served raw. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. Check out www.macysrestaurants.com to see exact calorie and nutritional information on our featured healthy dishes. Enjoy!

LC less than 650 calories V vegetarian